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One winning recipe grew up to be a light dessert.

Food, Page 1C

The Warrior baseball team prepares for opening day.

See Sports, Page 1B

Granite City Journal

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VOLUME 18, NUMBER 24

WEDNESDAY, MARCH 23, 1994

THIRTY-FIVE CENTS

FEMA pays, MESD survives

Layoffs avoided as federal money arrives

By Mike Myers
Staff writer

The Metro East Sanitary District was walking the razor's edge this month, but it's breathing easier now because of a couple checks totaling \$350,000 from the Federal Emergency Management Agency.

"It got to the point where I told everyone, 'Just don't spend any money.' The only money we spent was to pay payroll," said Shang Greathouse, MESD president.

"It was tough, but we survived."

The MESD spent a little more than a million dollars fighting the flood of the "Century" on the Mississippi River to last summer, and FEMA agreed to reimburse the district for 90 percent of the expense.

The layoff process was slow and Greathouse said he anticipated he would have to lay off workers.

While no time is a good time for layoffs, Greathouse said, a layoff of MESD

workers-to save money now had the potential of costing the district money in the long run.

"We're (storm water) ditch cleaners that's what we do and do best. We do it for about half of what a contractor would charge," Greathouse said.

Greathouse
(The MESD ditch cleaning crews) qualified for 'work-in-kind' crews with the federal government to do work on the ditches counts toward the local funding share for the (federal) rehabilitation project."

When voters in the MESD approved a tax increase in 1990, the increase was based on a \$24 million rehabilitation project. Since the project uses 75 percent federal money and 25 percent local money, the tax was designed to raise \$6 million.

"But when the (Mississippi) river (level) got down to zero, we got a chance to get under the pump stations and take a real good look at what we were up against."

"The result was the project cost estimate went up to \$38 million," Greathouse said. "So now the local share was up to \$9.5 million."

Greathouse said the district hopes to use work-in-kind to raise the extra \$3.5 million.

But if workers are laid off, there is no work-in-kind, Greathouse said. He was willing to go to extraordinary lengths to keep all of his crews employed.

"These 25-cent dollars — that's what it amounts to — don't count along very often," Greathouse said. "It will never happen again in our lifetime."

Greathouse said FEMA had promised that the balance owed the MESD — about \$400,000 — will come in within the next 10 days.

Man charged with arson

A 49-year-old Granite City man was charged with arson Monday in connection with a suspicious fire in the downtown area last week.

Larry D. Keel, 49, of the 4200 block of East 20th Street, was being held in the Madison County jail in lieu of \$30,000 bond.

Keel was arrested just after 2 p.m. Friday at the Pit Stop Cafe, about a block away from the fire at 1911 Grand Ave.

According to a police report, witnesses saw Keel running from the building just before smoke was seen coming from it.

Keel admitted to police that he used matches to set the fire in the vacant two-story apartment building, said Det. Nick Huniak.

"He freely admitted that he set the fire, but he never gave a clear, logical reason," Huniak said.

While Keel said he wanted to destroy "enormous amounts of naked flesh" in the building, there were no victims found, Huniak said.

Keel told police that he rented property from the owner of the building, Vance Weiss, of the 4200 block of Highway 162, about seven years ago, according to a police report.

(See ARSON, Page 4A)



(Staff photo by BOB SLATE)

Granite City police officer Daryl May leads Larry D. Keel away after Keel's arrest Friday. Keel was charged with setting fire to a building at 1911 Grand Ave.



Achievement nominations sought

Time is running out for nominations for the 39th Women of Achievement awards, co-sponsored by the Suburban Journals and KMOX-AM (1120). Nominations are given annually to "women who have made a commitment to serve the communities in the St. Louis area and whose efforts have improved the

quality of life for those around them."

A committee of community leaders and Women of Achievement winners will choose the 1994 awardees.

Nomination forms must be used when submitting a woman's name for the Woman of Achievement honor. A form may be

(See NOMINATIONS, Page 8A)



(Staff photo by PAM DOEPKE-HURD)

Pool progress — Workers from Laborers Local 397 work on newly poured concrete at the Wilson Park Pool last week. Construction on the new pool is on schedule for a summertime completion. See Page 2A for more photos.

Boy, 14, shoots friend

A 14-year-old Madison boy allegedly shot his friend in the arm Saturday night for no apparent reason.

The suspected shooter, a resident of Ewing Avenue, was charged with aggravated battery in a juvenile petition and is being held in

(See SHOOTING, Page 8A)

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In the Journal

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Deaths

Mary Barlos
Willard Bess
William Coyle
Mildred Shifter
Floyd Wolff

Coming Thursday

Lifestyle — Parents, grandparents giving Prather School students help with homework.

Irwin Chapel

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MOTIVATING

Mary Kane is leaving development authority post

Mary Kane, the executive director of the Southwestern Illinois Development Authority, is leaving the agency to launch a new Illinois operation for a St. Louis-based investment firm.

Kane of Edwardsville, authority director for more than two years, will leave soon to become vice president of public finance for Stief-Nicolaus and Co. Inc.

She will be working through brokerage offices in St. Louis, operating in Alton and Belleville.

"I'm leaving, sadly, but looking forward to the opportunity ...," she said. "I'm going to stay on until we find someone. Once that's done, I'll spend a little time with them, I'll make the switch. It will probably be in May sometime, but I don't know that it will be that long."

Kane was hired by SWIDA board several weeks ago, and the position has been advertised and several candidates have been interviewed.

The search is being coordinated by board Chairman Earl Lazerson, former president of Southern Illinois University at Edwardsville.

The authority is an economic development coalition of business, community, government and education leaders in the state. Legislature created it in September 1987 and gave it unique financing powers to issue bonds, offer loans and otherwise support economic development.

Kane's new job will involve creating or retaining at least 1,200 jobs during its first five years, largely through \$150 million in development bonds.

Among businesses assisted have been American Electronic Labratory Inc. at St. Louis Region Airport in Bethalto, Wood River Township Hospital, St. Louis Co. in Edwardsville and Tri-City Regional Port District in Granite City.

More recently the authority has served to hire the city of Edwardsville during construction of the Olympic Festival track stadium at SIUE.

Kane said the authority also worked hard to achieve designation of the Jefferson National Expansion Memorial on the East St. Louis waterfront and established an 11-bank Community Development Corp. that makes high-risk loans for small business.

Kane said her new job will mesh well with what she's been doing, since public finance involves such things as municipal bond issues.

Financial really, where I can make the strongest contribution, working with cities, counties and school districts. It's the same kinds of things we've been doing before.

"It's great news because it continues the focus on Southwest Illinois that we've worked on for a long time," she said.

Southwestern is a really significant part of the metropolitan area. As somebody who used to sell that idea for a long time, it's nice to see somebody else have it too.

Kane's move to joining SWIDA, Kane was executive director of the Leadership Council Southwestern Illinois and before that county administrator in Madison County.

She said she hopes the authority chooses a local individual to replace her. "This area is an area with lots of opportunities and challenges and it helps if you have familiarity with the players."

— from the Alton Telegraph

Museum delays cutting hours

The Madison County Historical Museum will keep its regular hours for at least another month, but a six-hour delay in mean summer hours will be summer.

County Board member Nick Hamilos, who sits on the Education and Recreation Committee, said a decision on summer hours would be put off until a meeting with Auditor Fred Bathon this week to discuss the financial status of the county-subsidized museum. The committee met Friday to discuss alternatives after voters rejected doubling the museum's property tax rate of two-tenths of a cent per \$100 assessed value.

The increase would have meant less than \$1 for the average county homeowner, but Hamilos said another tax hike with another tax hike request on the ballot doomed the proposal Tuesday. It lost 18,728 to 9,086.

Before the election, museum officials said the only way to balance the budget if the tax hike failed would be to cut

"We were right below it on the ballot. If we'd been by ourselves, we might have gotten it passed."

— Nick Hamilos

hours. Museum Superintendent Anna Symanski said Friday the option would be to open the museum on the first and third Sundays of each month instead of every Sunday.

But the Education and Recreation Committee, Hamilos and members of the historical society's board plan to meet with Bathon Wednesday. The museum gets a \$10,000 annual subsidy from the county and \$8,000 a year from the property tax.

Regarding the failed ballot proposal, Symanski said it was "commendable that 9,000 people voted for it."

The museum will continue to operate from 9 a.m. to 4 p.m. Wednesdays, Thursdays and Fridays and from 1 to 4 p.m. Sun-

tax like request. That proposal was also defeated by a 2-1 ratio.

"We were right below it on the ballot," he said. "If we'd been by ourselves, we might have gotten it passed."

Hamilos said there also is an anti-tax sentiment among voters. "Some people told me, 'I'm voting against all taxes,'" he said.

The Education and Recreation Committee will meet next month to evaluate Bathon's recommendations and then determine what it will recommend to the historical society's board.

The museum will continue to operate from 9 a.m. to 4 p.m. Wednesdays, Thursdays and Fridays and from 1 to 4 p.m. Sun-

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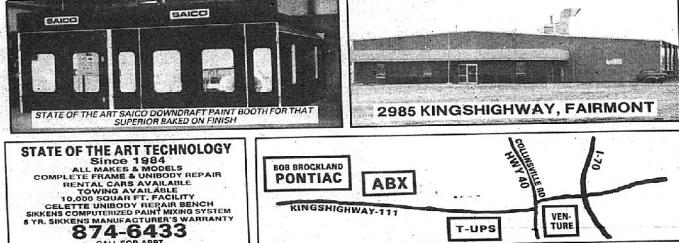
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C-3	Expires 4/3/94	C-3	Expires 4/3/94
C-4	Expires 4/3/94	C-4	Expires 4/3/94
C-5	Expires 4/3/94	C-5	Expires 4/3/94
C-6	Expires 4/3/94	C-6	Expires 4/3/94

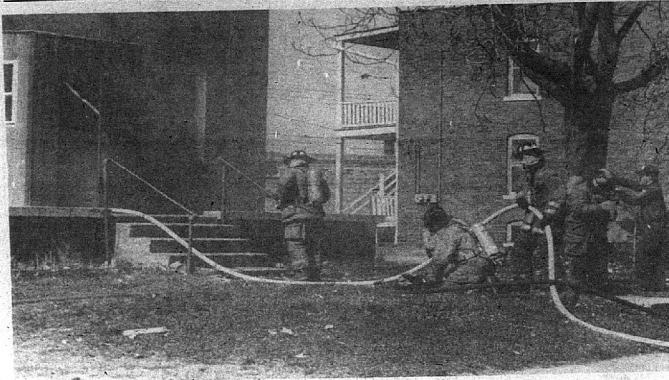
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NEWS



Granite City firefighters fight an apparently intentionally-set fire at 1911 Grand Ave. Friday afternoon.

Living on their own Handicapped are independent

More than 150 people with mental retardation are living on their own in local communities, thanks to a client and family support program of the William BeDell Achievement and Resource Center in Wood River.

"The people we see want to live on their own like everyone else," said Deb Showers, coordinator of the program.

"Our goal is to allow each person to live in the least restrictive environment possible."

"In the past, many of the people aided by the support program would have been 'warehoused' in large, over crowded institutions. These institutions were expensive to operate, and residents suffered from neglect."

"People with retardation were often thought of as unemployable, uneducable and unacceptable to society at large. Today, we recognize that a minimum of support may be all that's needed for people with disabilities to live and work with dignity."

The current trend throughout the nation is to encourage people with mental retardation to live in smaller groups in homes and apartments.

In Madison County, caseworkers from the BeDell ARC teach people how to live in

the community: how to manage money, pay rent and other bills, shop for food and use public transportation.

"We want to make sure that families and persons with mental retardation take advantage of the services available for them," Showers said.

Some hold down fast-food jobs or do maintenance or clerical work.

Others work on supervised teams at community locations, or are enrolled in skills training or supported employment programs managed by Specialized Services in Alton and Madison City.

There are three local sheltered workshops, operated by Specialized Services and by OATRS, an organization for Aid to the Handicapped in Madison.

For more information about family and client support available throughout Madison County, families may call Deb Showers at 462-4404.

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In Madison County, caseworkers from the BeDell ARC teach people how to live in

•Arson

(Continued from Page 1A)

Capt. Don Simon said the fire was started in the middle of a room on the first floor of the building.

Firefighters limited most of the damage to the room of origin, Simon said.

Simon said the building was in the process of condemnation when the fire was set.

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Confronting the KKK Attorney hopes to block Klan rally

By Scott Wuerg
Staff writer

Despite the wishes of other organizations that want to avoid confrontation with the Ku Klux Klan over a proposed rally May 6, Edwardsville attorney Lawrence Taliana plans to take the lead.

Groups throughout Madison County have called for abandoning downtown Edwardsville, Taliana formed the Coalition of Racial and Religious Harmony, and filed an application with the county to use the Madison County Courthouse grounds on May 6.

"A lot of people disagree with what I want to do, but it doesn't mean I still think it is appropriate," Taliana said. "I filed an application to hold a

rally, and if the county grants it, I'm going to hold a rally."

Other groups opposed to the rally have suggested holding a rally of their own somewhere else, or just ignoring the Klan completely.

OPIN, an organization promoting an "Open Society of an Ongoing, Positive, Inclusive and Non-violent response to the proposed Klan rally" — wants to hold a rally at the same time as the Klan rally in the downtown Edwardsville High School athletic complex on Center Grove Road.

Taliana attended an OPIN meeting on March 14, but said his opinion differs from the group's philosophy.

"(OPIN) is a different group, although they have a similar philosophy of an Open Society of Racial and Religious Harmony," Taliana said. "I had hoped to work with them, but that's not the approach they want to take. I still support their efforts, however."

Taliana said he feels keeping the Klan out of downtown

Edwardsville almost as important as having the proposed rally.

"For security reasons alone, I think it would be a better idea to allow (the Coalition for Racial and Religious Harmony) to rally instead of the Klan," Taliana said. "The courthouse is literally a stone's throw — and I don't take that phrase lightly — from several bars in the downtown area, and the Klan well lead to potential problems."

Taliana said he was unsure about more specific plans of his group, since it was still in its application stage and he would be accepted. The Madison County Board Buildings Committee hoped to decide on the fate of the two applications Monday, but lacked a quorum at its meeting due to the absence of three members.

Building committee chairman Herbert Milton Jr. said the group will try to vote on the requests at its next meeting Monday.

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Chosen for Hall of Fame induction

Hulus King, alumnus of Southern Illinois University at Edwardsville, has been chosen for induction into the African-American Biographies Hall of Fame. King, a native of East St. Louis, is currently director of the industry marketing team for Electronic Data Services, will be formally inducted into the Hall of Fame in Atlanta later this year.

The Hall of Fame ceremony will honor leading African-American men and women who are considered to be role models for African Americans. As a Hall of Fame inductee, Mr. King will be among some of the nation's most respected African Americans, including Willard Wigan, Spike Lee, Hank Aaron, Muhammad Ali, former Congresswoman Barbara Jordan and astronaut Guion Stewart Bluford.

King has had a long and rewarding association with the University. As a student, he earned a bachelor of science in management science, a master of business administration, a master of science in governmental/international relations, a master of science in management information systems — as well as earning a health care management certificate.

He also has a master of



Hulus King, left, is congratulated by Lamar Thomas, academic adviser for the School of Business at Southern Illinois University at Edwardsville.

science degree in industrial engineering from the University of Missouri-Columbia, where he is currently a doctoral candidate in industrial engineering.

For many years, King has served as a member of the University's business advisory council and as a member of the University's School of Business advisory council. He is the chairman of the International Black Business Students Council, an organization made up of SIUE School of Business alumni, a group which serves as a support group for the campus Organization of Minority Business Students.

Mr. King has gained international recognition for his leadership and involvement in civic and professional

organizations. His many awards and honors include Who's Who Among Black Americans, the Distinguished Alumni Award from the University's Alumni Association, the "Salute to Excellence" Award for Science/Technology from the St. Louis American, the "Engineering Person of the Year" Award from the Gateway Chapter of Engineers in 1989, and the "Golden Sovereign Award" for presenting the best professional paper at the Canadian Robotics Conference in Toronto.

He also has been recognized as one of the top international speakers by the Australian Graphics Association in Sydney, Australia.

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BUDDWEISER & LIGHT
MILLER LITE & DRAFT
12 Bottles
699

12 Bottles

MEISTER BRAU
24 Cans
499

24 Cans

SCOTCH
12.99

13.69

SCOTCH

2% MILK
Gallon
219

CHIVAS REGAL
1599

1.75
\$10.00 CROWN REBATE

WINDSOR
1099

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McGaughon

SEAGRAM'S V.O.
16.99

16.99
Mail-in Rebate \$4.00

SCOTCH
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2% MILK
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GLENLIVET
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WINDSOR
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SCOTCH

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Gallon
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MOHAWK SCHNAPPS
1/2 PRICE

1.75
\$10.00 CROWN REBATE

BUDDWEISER & LIGHT
MILLER LITE & DRAFT
12 Bottles
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12 Bottles

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499

24 Cans

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1.75
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BUDDWEISER & LIGHT
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No interest — The dominance of the Democratic Party in Madison County is illustrated by this photo, taken election night at the Madison County Courthouse. While a crowd gathers around the Democrat's monitor to check on results, at left, no one is near the Republican monitor, at right.

(Staff photo by PAM DORFKE-HURD)

Drug awareness program cited BAC program designated as statewide model

The Belleville Area College Counseling Department recently received statewide recognition when its alcohol and other drug awareness program, CHOICE, was designated as a Model Program at a conference held in Springfield.

Several BAC staff and students attended the Campus Alcohol and Traffic Safety (CATS) conference, held Feb. 28-March 1.

Representatives from more than 40 Illinois colleges and universities attended the conference.

The conference was sponsored by The Office of Safety Programs at Eastern Illinois University in conjunction with the Illinois Department of Transportation.

"Programs For The

1990s," a team approach to preventing alcohol and drug use as it relates to traffic safety.

BAC staff members who attended the conference included: Fred Indenbaum, dean of Counseling and Human Development; Dr. Linda Cowden, counselor; Roger Eckert, an intern in the Counseling Department; Garry Ladd, director of

The fact that our staff received this honor is a tribute to all of the hard work put in by so many people to make the Red Ribbon Run a success.

— Fred Indenbaum

designed to promote the CHOICE team's mission of campus and community wellness.

CHOICE team members spoke to conference attendees on how the BAC staff utilized financial, media and personnel resources to implement the program. Organizers noted the emotional and inspirational aspects of the participants competing in the state.

"The fact that our staff received this honor is a tribute to all of the hard work put in by so many people to make the Red Ribbon Run a success. We're hoping for an even bigger event this October," Indenbaum said.

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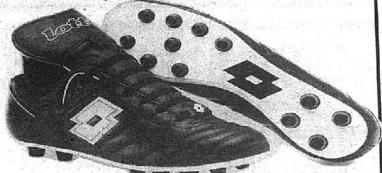
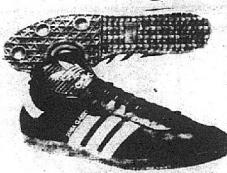
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McGinnis leading WINGS drive

The 1994 "We're Investing in Medical Center" (WINGS) campaign that began March 16 is led by Frank McGinnis, chairman, and Bob Lombardi, vice chairman.

McGinnis, of Collinsville, has served the Granite City area for the past 25 years as senior vice president and vice president of the medical center from which he retired last year.

"I accepted this position because, after 25 years of service to the medical center, I have seen it grow to the fine facility it is with a dedicated and competent medical staff and the best technology available today," McGinnis said.

"Together with our community, we want to keep SEMC a viable place for the community's health-care needs."

McGinnis is an active member and past president of the Healthcare Financial Management Association, Southern Illinois Chapter.

He served on the Medicaid Blue Plan Board for the Illinois Hospital Association, and has received several merit awards from the Healthcare Financial Management Association.

He has been president of the Granite City Optimists and treasurer of the Tri-Cities Red Cross Chapter.

Lombardi, a two-year veteran

of the WINGS campaign, is owner of Lombardi Furniture and Interiors in Granite City and brings many years of community involvement to the campaign.

Lombardi is vice chairman of the South Western Illinois Development Authority and a board member of Central Bank and on the advisory board at SEMC.

The WINGS campaign, an annual program, seeks support from community residents, businesses and corporations for the medical center's not-for-profit services.

It also raises significant support from associates (employees, volunteers and physicians) at SEMC.

In the last two years, the campaign raised more than \$311,000 which helped provide quality health care to low-income families through the Family Services Clinic, purchase an endoscopy system and an additional ventilation setup for two new operating room suites.

Announcement of the drive leaders was made by Earl Buenger, SEMC Development Board chairman, who said, "We have been pleased in our co-chairs for the WINGS Campaign this year."

"There is no doubt that, under their guidance, we will meet our campaign goals."

Buenger, president of O'Brien

and Service Center in Granite City, headed last year's WINGS drive, leading more than 170 volunteers.

"People don't realize the impact St. Elizabeth has on this community," Buenger said.

The medical center provides an in-depth range of health-care services, educational and support programs. Along the way, it has become the second largest employer in town.

"I am proud to chair the Development Board because this community is a great place to live. I want to see it grow."

"St. Elizabeth has a positive change over the years to benefit us all. And this medical center is one place where my contribution can help make a real difference for everyone."

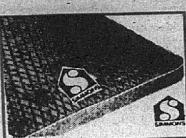
The Development Board oversees an ongoing program of fund-raising activities which generate resources supporting patient services, research, maintenance of capital equipment for the medical center.

Buenger is a member of the SEMC advisory board, the board of Principals, the board of directors of Magna Bank of Madison County, the Elks Club, the board of the Illinois Tire Dealers Association and St. John United Church of Christ.

He is also chairman of the Tri-Cities Red Cross Chapter and past president of the Illinois Tire Dealers Association.

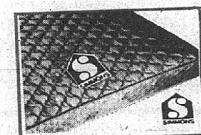
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Simmons SlumberRest Twin \$49 ea. pc.

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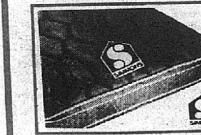
Simmons Beautyrest Twin \$129 ea. pc.

Full \$179 ea. pc.
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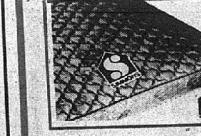
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Full \$219 ea. pc.
Queen \$249 set
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- Living Rooms • Bedroom Groups • Rockers/Recliners
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Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, and so on. Readers are encouraged to call these groups if holidays or other days pose uncertainty.

Corrections, additions, and deletions of information are encouraged. Items may be added at anytime by calling the newsroom at 876-2000.

This calendar runs in every Wednesday's Journal.

Wednesday, March 23

International Training in Competitive Orienteering, 7 a.m. to 5:30 p.m. at Rasmussen's Restaurant, 3 American Village Shopping Center, Granite City.

Singles Connection, An evening at the Silvermine in Collinsville. Call 876-2000 at 7 p.m. Call Doris at 887-4506.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors' Offices, 1000 S. Elizabeth Medical Center, 788-3019.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Al-Anon, 7:15 p.m., Gateway Foundation, 600 Lincoln, Caseyville, 892-8078.

Parents Anonymous Group, meets 6 to 8 p.m. for information on where to go for help, call Edna Landolt, 462-2721.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 50 Northgate Industrial Drive, Granite City. For people who want to know what stress is, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Thursday, March 24

Venice Park Board, 6:30 p.m., Venice Recreation Center, 451-7201.

Mount Zion Baptist Church, 4 to 6 p.m. at 2827 Mockingbird Lane, across from the high school. Free meal to those in need. Clothing available. Open to the public.

Chouteau Township Senior Citizens, 9 a.m. to 2 p.m., Social Center, 900 Thorngate Drive, Mitchell, 876-8467.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 876-8467.

Alcoholics Anonymous, 11 a.m., Unity Chapel, Stratford and Vil-

lage lanes, Granite City, 876-8467. Al-Anon, 9:30 a.m., St. Elizabeth Church, quilting room, 2300 Pontoon Road, 692-8078.

Al-Anon, 8 p.m., Wellness Center, 1000 Lincoln (babysitter available), 692-8078.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar, 24-hour hotline 386-9409.

Overeaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 89th St., Caseyville. For information call 1 (314) 638-7921.

Granite City Community Band, 7:30 to 9 p.m. at the United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

Friday, March 25

Hereditary Ataxia (a disorder of nerve in the spine, cord and brain), support group, Call Curt Williams, 877-5172, for information.

Singles Connection, An evening at Rusty's, 1301 N. Main, Edwardsville. We will meet there at 8:30 p.m. Call Pat at 654-5208.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

New Life Assembly of God, Faith and Buxton, will hold a rummage sale from 8 a.m. to 3 p.m. Bring bags and boxes. Call Carl at 452-1762 for reservations.

Singles Connection, An evening at Rusty's, 1301 N. Main, Edwardsville. We will meet there at 8:30 p.m. Call Pat at 654-5208.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar, 24-

hour hotline 388-9409.

Rescue Mission, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon.

Saturday, March 26

Quincy City Youth Fellowship, 2257 Cleveland, 7 p.m., 331-3480 or 872-4948.

Singles Connection, Dinner at Ralph and Charlie's Restaurant in Pontoon, 4th and Broadway, in Alton, at 7 p.m. Call Carl at 452-1762 for reservations.

New Life Assembly of God, Faith and Buxton, will hold a rummage sale from 8 a.m. to 3 p.m. Bring bags and boxes. Call Carl at 452-1762 for information.

Singles Connection, An evening at Rusty's, 1301 N. Main, Edwardsville. We will meet there at 8:30 p.m. Call Pat at 654-5208.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar, 24-

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p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 876-8467. St. Elizabeth Medical Center, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pontoon, 4th and Broadway, in Alton, 24-hour hotline 388-9409.

Moose Lodge Bingo, 1:15 p.m. at the Nameoki Bingo Center.

Overeaters Anonymous, meets every Sunday at 2 p.m. in the

Wiesman Room, first floor, St. Elizabeth Medical Center in Granite City.

Monday, March 28

Granite City Foursquare Church, 2400 East 25th St., hot meals served free of charge to those in need or those who just want someone to talk to.

(See CALENDAR, Page 11A)

2.9% A.P.R. FINANCING*

'94 Dodge Shadow ES 3 Dr., Indy Red, V-6, Auto, AM/FM Stereo, Power Windows, Power Brakes, Cruise STK #4659 Discounted To \$12,673 Chrysler Rebate -1,000 YOUR COST \$11,673**	'94 Dodge Intrepid 4 Dr. Test Blue, V-6, Auto, AM/FM Stereo, Power Windows, Power Brakes, Cruise STK #0651 Discounted To \$16,538** Chrysler Rebate YOUR COST \$17,822**	'94 Dodge Grand Caravan Extended, V-6, Auto, AM/FM Stereo, Power Windows, Power Brakes, Cruise STK #0474 Discounted To \$18,422 Chrysler Rebate YOUR COST \$19,822**	'94 Plymouth Duster Extended, V-6, Auto, AM/FM Stereo, Power Windows, Power Brakes, Cruise STK #5007 Discounted To \$11,835 Chrysler Rebate YOUR COST \$10,835**
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FACTORY AIR CONDITIONED
5 Speed Trans/Overdrive, Rain/Wipers, Radio, Rear Step Bumper, Plus More.

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1991 CHEV. CORISCA

High school band festival to feature Tim Hagans

Jazz trumpeter and recording artist Tim Hagans, who has toured with Woody Herman and Stan Kenton and who, with his own quartet, will play the New York City area, will conduct a jazz clinic and also perform in concert Saturday, March 26, as part of the Seventh Annual Spring Illinois University at Edwards High School Jazz Band Festival.

The Festival — as well as appearances by the jazz and SIEU adjunct faculty member and bassist Tom Kennedy — is supported by a grant from the SIEU Extended Undergraduate Education Program. Straight and Kennedy will work with Hagans during the clinic, which will be conducted at noon that Saturday.

Teenage school jazz bands will be performing in competition from 9:30 a.m. to 4:30 p.m. that day in the Communications Building theater. At 4:30, Hagans, Kennedy, and Straight, a drummer from Kansas City, Mo., will perform in concert with the SIEU Concert Jazz Band in the CB theater. There is

no admission charge for the all-day competition or the concert.

Hagans, who has played around the world, has been a trumpet instructor at the University of Lund, Skurup Folkhog School, and the Jazz Institute of Malmö, all in Sweden.

He has also been a visiting assistant professor of Jazz Studies at the University of Cincinnati, and a department assistant at Berklee College of Music in Boston.

Hagans is now a private instructor in New York, in addition to conducting clinics and university clinics and the Jamey Aebersold Summer Jazz Camps.

Hagans performs in the New York City area with his band, Hagans' Express, Scott Lee, and Jeff Williams, performing with jazz greats such as Joe Lovano, Gary Peacock, Bob Beeden, Bob Mintzer, and George Gruntz.

He has also been featured on several jazz albums throughout the past 20 years. His most recent release, *No Words*, will be out in May on the Blue Note label.

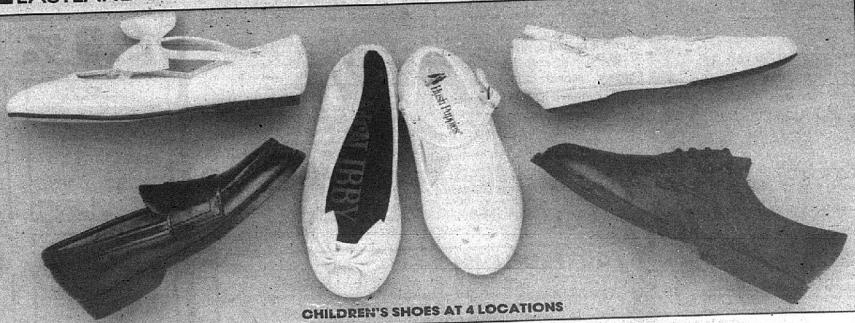
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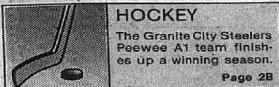
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Section B



LOCAL JOURNAL SPORTS

WEDNESDAY, MARCH 23, 1994
GRANITE CITY JOURNAL

BASKETBALL
Donkey basketball returns to GCHS.
Page 4B

Warrior tennis team on upswing Youth, depth giving Lobdell upbeat outlook

By Mike Kelly
Correspondent

Granite City High tennis coach Allen Lobdell is quickly pondering the future.

But he can hardly contain his enthusiasm. His 1993 squad could be the best team's ever during his 10-year tenure. The Warriors (13-2 in dual meets last season), despite losing state qualifiers Suniel Kumar and Alan Stegemeier, return a talented lineup that could be as good or better than last year's team.

"This team is the foundation for the future," Lobdell said.

"For years we've been trying to establish ourselves as a solid tennis program," said the Belleville schools (East, West and Althoff) have always stood in our way. Well, we're not there yet. But we could get there in a short period of time.

"IT'S GOING TO take at least three or four years before we can accomplish that feat. With no doubt, I'd say we're at least two years away from our ultimate goal. These kids could be the trend setters."

Leading the way is sophomore Joseph Markell, who was a state

qualifier last season. Markell, who will handle No. 1 singles for the Warriors, is considered Granite City's best player.

"Without question," Lobdell said, "he's been working very hard to upgrade his game. He spent a lot of time on the court last summer and he spent some money for professional lessons. I have a world of confidence in him."

"That's why playing him at No. 1 singles doesn't bother me. He was our No. 1 player for half the season last year. He knows how to handle the pressure" (See TENNIS, Page 3B).

GRANITE CITY WARRIORS
1993 Varsity Tennis

April	
4 at Cahokia	4 p.m.
5 at Belleville East	4 p.m.
7 at Waterloo	4 p.m.
12 at Alton	4 p.m.
19 East St. Louis	4 p.m.
20 at Galesburg West	4 p.m.
21 at Alton	4 p.m.
23 at Highland	4 p.m.
25 Collinsville	4 p.m.
29-30 at Belleville East	TBA

May	
5 at Wood River	4 p.m.
7 Alton McClellan North	9 p.m.
12 at Galesburg Alton	TBA
17 at Alton	4 p.m.
18 at Roxana	4 p.m.

May 26-27: IHSA Sectional
May 28-29: State TournamentAllen Lobdell
10th season

Lignoul, Warriors winding up

Senior starters key to success for GCHS, first-year skipper

By Tony Panizzo
Staff writer

Gus Lignoul enters his first year as the Warrior baseball team's head coach with a fundamental outlook that worked for his predecessor, Bob Stegemeier, for the past two decades.

"The thing we're really emphasizing is pitching and defense," said Lignoul, who succeeds Stegmeier after coaching in the program for the past three years.

"When you have that, you always have the opportunity to win. We have a pretty good nucleus of kids coming back."

While the Warriors lost several key starters to graduation last year, they hope to make it a smooth transition for Lignoul, who served as the team's pitching coach under Stegmeier last spring and then coached Tri-City



Ridenour

GRANITE CITY WARRIORS
1994 Varsity Baseball

March

25 East Moline (2) 4:30 p.m.

26 Washington 12 p.m.

30 Wood River 4:15 p.m.

April

1 at Roxana 4 p.m.

2 at Collinsville 4:15 p.m.

3 at Alton 4:15 p.m.

4 at Belleville East 4:15 p.m.

5 at Belleville West 4:15 p.m.

6 at Alton 4:15 p.m.

7 at Jerseyville (2) 11 a.m.

17 Mt. Vernon at Busch 4:15 p.m.

21 at Collinsville 4:15 p.m.

22-23 Round Robin Tournament TBA

27 Althoff 7 p.m.

28 at Carbondale (2) 7:30 p.m.

30 Centralia (2) 10 a.m.

May

3 at Alton 4:15 p.m.

4 Francis Howell North 4:15 p.m.

5 at Belleville East 4:15 p.m.

6 at Galesburg 4:15 p.m.

12 East St. Louis 4:15 p.m.

14 O'Fallon (2) 4:15 p.m.

15 at Alton 4:15 p.m.

20 at Salem 4:15 p.m.

21 at Carbondale (2) 12 p.m.

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SPORTS



Warming up — Two members of the Madison High girls track team, Christina Short (left) and LaTisha Hyster, loosen up during a recent practice. The Trojanettes opened the season Monday at home against Cahokia and Gateway Christian.

Donkey basketball April 5 at GCHS

Granite City High School's annual Donkey Basketball show will be held April 5 at Memorial Gymnasium. The festival begins at 7 p.m. and will feature a doubleheader with a championship game. Game 1 will pit the Varsity Girls against the St. Louis Catholic team. Game 2 will be between the principals and teachers throughout the school district. The two winners will

meet for the championship. Tickets are \$5 for adults and \$2 for children ages 12 and under. Admission is free for children age 4 and under. Free donkey rides will be available for the first 150 children age 12 and under.

Tickets are available at the high school. For more information, call 451-5808.

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Trojans

(Continued from Page 1B)

said. "This is a new experience for a lot of them. The season is still early. I'm not worried. I'm confident we'll get things turned around."

But with every new day, there comes a new problem. The latest one finds Dixon and Dowaun Foster of Venice battling grade problems.

"Losing Dixon for a while is really going to hurt," Steptoe said. "He's such a valuable athlete, but he goes down. Hopefully, we'll get him back by next week. Maybe this will wake our people up and they'll hit the books on a consistent basis."

"We can overcome our shortcomings this early in the season; we'll be in good shape when it counts the most."

The Trojans will be home against St. Louis Catholic, Gateway Christian and Cahokia in a triangular meet. Monday, they travel to Bethalto for a triangular meet against Civic Memorial and Staunton at 4 p.m. March 28.

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• 10' x 476' • 10' x 478' • 10' x 480' • 10' x 482' • 10' x 484' • 10' x 486' • 10' x 488' • 10' x 490' • 10' x 492' • 10' x 494' • 10' x 496' • 10' x 498' • 10' x 500' • 10' x 502' • 10' x 504' • 10' x 506' • 10' x 508' • 10' x 510' • 10' x 512' • 10' x 514' • 10' x 516' • 10' x 518' • 10' x 520' • 10' x 522' • 10' x 524' • 10' x 526' • 10' x 528' • 10' x 530' • 10' x 532' • 10' x 534' • 10' x 536' • 10' x 538' • 10' x 540' • 10' x 542' • 10' x 544' • 10' x 546' • 10' x 548' • 10' x 550' • 10' x 552' • 10' x 554' • 10' x 556' • 10' x 558' • 10' x 560' • 10' x 562' • 10' x 564' • 10' x 566' • 10' x 568' • 10' x 570' • 10' x 572' • 10' x 574' • 10' x 576' • 10' x 578' • 10' x 580' • 10' x 582' • 10' x 584' • 10' x 586' • 10' x 588' • 10' x 590' • 10' x 592' • 10' x 594' • 10' x 596' • 10' x 598' • 10' x 600' • 10' x 602' • 10' x 604' • 10' x 606' • 10' x 608' • 10' x 610' • 10' x 612' • 10' x 614' • 10' x 616' • 10' x 618' • 10' x 620' • 10' x 622' • 10' x 624' • 10' x 626' • 10' x 628' • 10' x 630' • 10' x 632' • 10' x 634' • 10' x 636' • 10' x 638' • 10' x 640' • 10' x 642' • 10' x 644' • 10' x 646' • 10' x 648' • 10' x 650' • 10' x 652' • 10' x 654' • 10' x 656' • 10' x 658' • 10' x 660' • 10' x 662' • 10' x 664' • 10' x 666' • 10' x 668' • 10' x 670' • 10' x 672' • 10' x 674' • 10' x 676' • 10' x 678' • 10' x 680' • 10' x 682' • 10' x 684' • 10' x 686' • 10' x 688' • 10' x 690' • 10' x 692' • 10' x 694' • 10' x 696' • 10' x 698' • 10' x 700' • 10' x 702' • 10' x 704' • 10' x 706' • 10' x 708' • 10' x 710' • 10' x 712' • 10' x 714' • 10' x 716' • 10' x 718' • 10' x 720' • 10' x 722' • 10' x 724' • 10' x 726' • 10' x 728' • 10' x 730' • 10' x 732' • 10' x 734' • 10' x 736' • 10' x 738' • 10' x 740' • 10' x 742' • 10' x 744' • 10' x 746' • 10' x 748' • 10' x 750' • 10' x 752' • 10' x 754' • 10' x 756' • 10' x 758' • 10' x 760' • 10' x 762' • 10' x 764' • 10' x 766' • 10' x 768' • 10' x 770' • 10' x 772' • 10' x 774' • 10' x 776' • 10' x 778' • 10' x 780' • 10' x 782' 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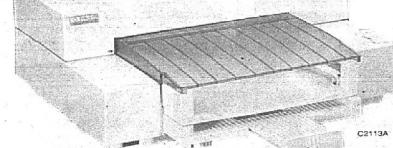
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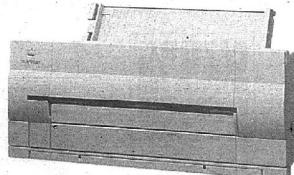
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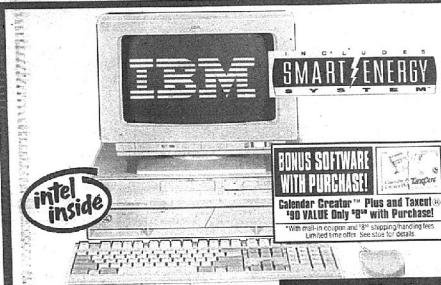
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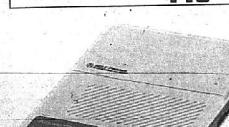


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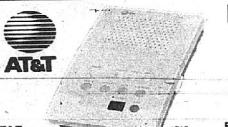
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TOSHIBA

Toshiba 10-Channel Cordless All Digital Answering Enhanced Noise Reduction

\$134.97



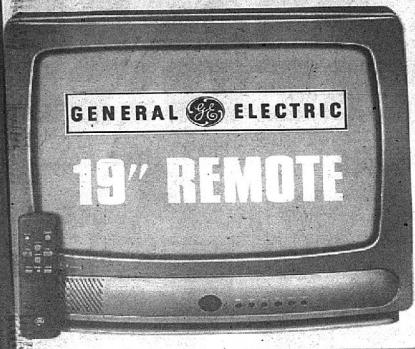
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*See our Low Price Guarantee for details.



GE 19" Color TV
with Remote
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*147-channel cable-compatible tuner
• on-screen displays
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18GT310

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SAVE \$50-\$100 WITH RCA CHAMPIONSHIP REBATES!



RCA 31" Stereo TV
with
Multi-Brand
Remote
Control &
Picture-In-
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*Price includes \$50
mail-in rebate direct
from RCA. Offer excludes
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**\$50 REBATE
With Purchase!***
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- 50.00
Final Cost
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Console TV with
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RCA 46" Projection
TV with Picture-In-
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13" and 19" models. See store
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0% INTEREST* FOR 12 MONTHS ON ALL TELEVISIONS 30" & LARGER!

*With your Circuit City credit card, subject to credit approval. Minimum purchase on cameras over \$599. Minimum purchase over \$300 on home audio systems. Minimum purchase on other eligible merchandise, \$249.97. Monthly payments required. If not paid in full within 6 months (12 months on 30" & larger tvs), finance charges will be assessed from the date of purchase. As of 3/23/94, APR is 20.5% on a Circuit City Regular Account. APR may vary. Offer expires 3/26/94.

**PAY 0%
INTEREST FOR
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Hitachi 31" Color TV
with Universal
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*matrix surround sound simulates three
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31" STEREO

JVC 31" Stereo TV with
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35" STEREO

ProScan 35" Stereo TV
with Universal Remote

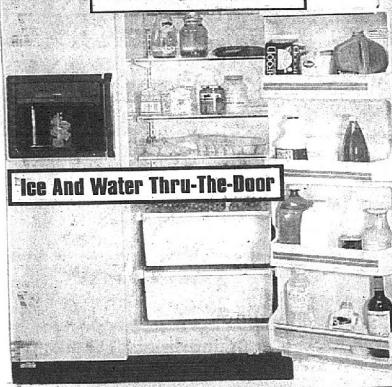
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Amana.


Amana 18 Cu. Ft. Deluxe Refrigerator

- adjustable full & half-width glass shelves
- gallon door storage
- dairy door with butter dish
- upfront temperature controls

TAS18W

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PAY 0% INTEREST FOR 6 MONTHS
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HOTPOINT
Hotpoint 21.7 Cu. Ft. Side-By-Side Refrigerator with Water/Ice Dispenser & Gallon Door Storage

- 3 adjustable glass shelves
- 4 door shelves, 2 with gallon storage
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CSK22KVSWH

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Ice And Water Thru-The-Door

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0% INTEREST* FOR 6 MONTHS ON ALL REFRIGERATORS

*With your Circuit City credit card, subject to credit approval. Minimum purchase on purchases, \$599. Minimum purchase over \$300 on home electronics. Minimum purchase on all other eligible merchandise, \$249. No finance charge when paid in full within 6 months. Monthly payments required. If not paid in full within 6 months (12 months on 30% & larger), finance charges will be assessed from the date of purchase. As of 3/23/94, APR is 20.5% on a Circuit City Regular Account. APR may vary. Offer expires 3/29/94.


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\$488.97
PAY 0% INTEREST FOR 6 MONTHS
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FPGC18AV

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PAY 0% INTEREST FOR 6 MONTHS
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CSX19LSWH

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PAY 0% INTEREST FOR 6 MONTHS
 See Store For All Details.

ED25PWW

\$1249.97
PAY 0% INTEREST FOR 6 MONTHS
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TF104PWW

LOW PRICE GUARANTEED

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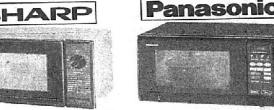
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Gas or Electric Available

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ROM50B

Panasonic 0.8 Cu. Ft. NH5503A

Microwave with 800 Watts of Cooking Power & 3 Language Options

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• menu action screen



\$159.97



MOS093K

Microwave with 800 Watts of Power

• auto sensor reheat & frozen food

• potato & popcorn keys

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• 6.5" cone midrange driver
• 1" dome tweeter
• 15" woofer
• 100W power handling
• 100W power handling
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\$329.97 EACH



Sony Remote-Controlled Receiver with Dolby Pro Logic Surround Sound & 30 Station Presets and Technics 3-Piece Dolby Pro Logic Surround Sound Speaker System with 1 Center & 2 Rear Channel Loudspeakers

COMPLETE SYSTEM

\$288.97



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\$157.97

Onkyo Remote-Controlled Receiver with Dolby Pro Logic Surround Sound & 40 Station Presets

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Sony Remote-Controlled Receiver with Dolby Pro Logic Surround Sound & 30 Station Presets

\$249.97

Kenwood 100 Watt Remote-Controlled Receiver with Dolby Pro Logic Surround Sound & Digital Signal Processor

\$347.97

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Built with the same technology developed by Lucasfilm for the Star Wars movies, home THX audio components deliver the most realistic movie sound available!

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like you're really there.
And, you'll see how easy
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Sony 135 Watt
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Component System with
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• full logic double cassette deck with high
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Sony CD Music System with
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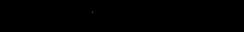
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Pioneer Compact Music System with CD
Player & Remote Control

PRICE BREAK

\$337.97



Today's Food

Wednesday, March 23, 1994

Food & Nutrition

Wise Ways

Children who think vitamin supplements are candy may be lured into eating a toxic dose.

INSIDE

Living Lean for Adults

A packet of seeds, a sunny day and a little soil may be the start of a dill-icious herb garden.

INSIDE

Blue Ribbon Cook

Whip up a broccoli and cauliflower casserole for winning votes of approval.

INSIDE

Private Label Test Run

Cinnamon graham crackers are a little person's treat and a big person's delicious memory.

INSIDE

Micro Raves

Microwave a pie crust before cooking with filling for a quintessential quiche, according to Barb Gray's plan.

INSIDE

Lively Taste

For Oriental flavor, combine 2 teaspoons butter or margarine, 2 tablespoons fresh lemon juice, 2 tablespoons soy sauce and 2 tablespoons chopped fresh ginger. Pour over fresh salad. Bake in preheated 450° oven 10 minutes or until done.

Health & Fitness

Fresh Picks

Lustrous lettuce looks beyond iceberg. Hearty romaine has crunch. Endive is tangy. Green and red leaf are tender. Boston and bibb burst with freshness. Arugula adds strong punch. The greener the green, the better it is for you. A greens combination has enough flavor to cut the need for lots of dressing. For a quick mix, combine a basic favorite with a small amount of an expensive mix. It is worth the little extra price.

Medicine Chest

Keep a family medical log for each person. It should include names and strengths of drugs and what they were used for. Recording any reactions or side effects can help a physician make medication decisions.

Big Fat Tip

Brighten a meal with fresh salad. Stack it with delicious combinations of vegetables. Start with dark-colored greens — like romaine, spinach, watercress and kale — and add other colors, such as red cabbage, steamed broccoli chunks, chopped red pepper and baby peas and carrots. Skip higher-fat ingredients like sunflower seeds, bacon bits, cheese, eggs and meat in favor of cooked brown rice, pasta, barley and bulgur. Sprinkle the top with wheat germ. Use a low-fat or nonfat salad dressing or mix 1 teaspoon oil with an equal amount of flavored vinegar, lemon juice or tomato juice, plus spices.

Future Shop

Some day french fries may be back on the menu for everyone, including those who watch their fat consumption. A higher-starch potato, being designed in today's laboratory, means fries and chips will absorb less oil when fried.

GROW "LITE"



Roy Sykes Photos

Debbie Lammers gets a shovelful of Dessert Dirt Cake — complete with gummy worms — from Andy, her 3½-year-old son. Debbie, 4½, admires the silk tulips cultivated in her mother's cake, which captured top prize in the sweet dessert or snack category of the Eating Right Recipe Contest sponsored by the St. Louis Chapter of the American Heart Association and Suburban Journals.

By Janice Denham
Staff writer

The Eating Right Recipe Contest was a bloomin' success.

Sponsored by the St. Louis Chapter of the American Heart Association and Suburban Journals, the contest drew entries with a wide variety of ingredients and ways of cutting fat to make them more wholesome. The contest is framed between American Heart Month and National Nutrition Month to offer day-to-day suggestions for healthful eating.

Each winner receives a basket of healthful foods from Schnucks Markets and a Heart Association cookbook.

Some awards were chosen for everyday foods, while others went to party foods made heart-healthy with flair.

One recipe in the sweet dessert or snack category kept popping to the top of the stack of entries. The

SEE LIGHT WINNERS,
INSIDE TODAY'S FOOD PAGE 2

Kid's Cuisine

Five o'clock fever.

Five p.m. Kids are cranky, Mom and Dad are tired and everyone is hungry.

While dinner is in preparation, give little fingers and minds time to relax. Let kids "play" in a couple inches of soapy water in the kitchen while the meal is in the works. They can wash carrots, green beans and broccoli "trees" — don't forget a rinse before cooking — to give more interest in eating them, too. Being ready to wash measuring spoons for Mom or Dad shows them equipment they can help make dinner with, too, when they are ready.

It gives one-on-one time if it wasn't available during the day, while a few little boats nearby the water can shift a little one's imagination into "drive" without many parental cues.



Look inside for 4 pages of
Shop 'n Save. Total Value Savings.



Layer Italian pleasure into pasta, peas, cheese

Restaurants often introduce new tastes. Popular Italian restaurants increase the home repertoire with creative ways to perk up pasta.

A popular combination bursts the distinctive flavors of smoked ham, earthy mushrooms, colorful peas and a rich cheese sauce onto a bed of pasta.

This recipe allows home cooks to re-create the restaurant taste at home using a layered preparation method similar to lasagna. Ricotta cheese is the dish for its soft texture and mild flavor, which offsets the more assertive flavor of smoky ham.

Once a quickly-prepared white sauce is mixed with mushrooms, ham and peas, and layered with ricotta cheese, it can be held for final baking, making it a perfect answer to the quest for a warm-from-the-oven dish ready for guests.

LAYERED PASTA

6 oz. uncooked penne,

mostaccioli or other tube pasta
 1 cup sliced fresh mushrooms
 3 tbsp. chopped red bell pepper
 3 tbsp. chopped green onion
 1/4 cup (1/4 stick) butter or margarine
 2 tbsp. flour
 1/2 tsp. pepper
 1 tsp. Dijon mustard
 1 cup milk
 1 cup reduced-sodium chicken broth
 2 cups (10 oz.) diced ham
 1 cup frozen small peas, thawed
 1 cup (8 oz.) ricotta cheese
 1 cup (4 oz.) shredded Swiss cheese
 1/4 cup shredded parmesan cheese

Preheat oven to 375°. Cook pasta according to package directions. In a large sauté pan, cook mushrooms, red pepper and onion in butter over medium heat about 3 minutes, stirring occasionally, until tender.

Makes 6 servings.

Remove from heat. Stir in flour and pepper until smooth. Stir in broth. Gradually stir in milk and butter. Heat to boil over medium heat, stirring frequently. Boil and stir 1 minute.

Remove from heat. Stir in ham and peas.

Place 1 cup sauce in bottom of 8- or 9-inch square baking dish.

Lay half pasta over sauce. Spread with 1/2 cup ricotta cheese, half remaining sauce, 1/2 cup Swiss cheese and 2 tablespoons parmesan cheese. Repeat layers of pasta, 1/2 cup ricotta cheese and sauce. Cover with foil.

Bake in preheated oven 30 minutes. Uncover. Bake 10 minutes longer.

Sprinkle with remaining 1/2 cup Swiss cheese and 2 tablespoons parmesan cheese.

Let stand 10 minutes before serving.



Creamy cheese sauce delivers ham, mushrooms and peas with delicious flavor through baked pasta.

Private Label Test Run

Tykes test graham

When it comes to the Private Label Test Run, this week's testers may need to stand on each other's shoulders, but their opinions weigh mightily.

Classes at three preschools were offered Schnucks cinnamon graham at snacktime. The young testers gave a "thumbs-up" to their sweet flavor.

Kim Whitworth shared them with five-year-olds at Arlington United Methodist Church Day Care, Bridgeton.

"I can't think of any of my kids who ever turns them down. They call them a cookie," she said.

The school already serves the brand of cinnamon graham about once a week. They switched from another brand from their usual distributor because they found them less crumbly.

"They eat them as a snack with milk," she said. "It's one thing they do eat seconds on."

The Schnucks brand is comparable in most nutritional aspects to national brands, except they have a little less sodium. In price — \$1.59 for a 16-ounce package — they are considerably less than some.

At Salem Methodist Preschool, Ladue, Susan Horn was surprised to find the younger of her three- and four-year-olds recognized the taste of cinnamon.

"The sweetness was perfect



Schnucks Cinnamon Grahams

for them. They ate a lot of them," she said.

Personally, Horn buys cinnamon graham occasionally. "I find them addictive. They are like potato chips once you start eating them," she said.

Unlike the results at Arlington, teachers at Salem found their trial box a hit.

"The results were perfect

Light Winners

By Janice Denham
Staff writer

Continued from page 1C. judges — six local dietitians associated with the heart health association — chose Dirt Cake, which lost none of its rich, gooey appeal in spite of dropping fat from the original 17 grams to an exemplary 2 grams per serving.

Debbie Lammers, St. Charles, started eating more healthfully with the new year. Her first creation to a Super Bowl party gave her incentive to make her luscious dessert heart-smart.

"It was a success and was gone before my girlfriends' gooey butter cake and chocolate chip cookies," she wrote.

The judges decided what they were seeking in a revised recipe using readily available ingredients resulting in a new, reduced-fat dish that everyone would love to eat.

For a meatless main dish, Debbie Keane Eureka submitted her special frijoles especial. She loved the flavor of black beans with rice at a restaurant, so she went home and concocted a similar recipe for her family, making certain it had no

extra fat in it or as a condiment.

Darlene S. Corwin, Belleville, Ill., put together a参保 cake dish with fruit. Festively colored and flavored, it combines fresh berries, melon and other fruits of choice — seasonal or special — with an orange-flavored dressing. It can be mixed with the puree of fruit as it is contributed by crunchy pecans which, in the tester's opinion, provide an exceptional flavor blend.

In the vegetable half of the vegetable/fruit category, Norma K. Hartwood, suggested an easy pasta dish with fresh broccoli, tomatoes and green onion. She cut the amount of oil, dropped strips of sautéed chicken and decreased salt from the original recipe.

Two entries in the "classical" low-fat recipe category will be featured in a future Journal Today's Food section. They were submitted by Julie Frank of Kirkwood High School and Peggy Tiney of New Athens High School.

DESSERT DIRT CAKE

1 cup low-fat chocolate sandwich cookies, crushed (1 g fat per cookie)
 2 boxes (4 servings each) sugar-free instant vanilla pudding
 1/2 cup skim milk
 1 cup confectioner's sugar
 1/2 cup (1 tub) nonfat margarine
 1 tub (8 oz.) nonfat process cream cheese
 1 carton (8 oz.) frozen nonfat whipped topping, thawed
 Silk flowers and gummy worms, if desired

Line flower pot about 8 inches in diameter and 6 inches deep with aluminum foil or plastic wrap. Spread some cookie crumbs over wrap.

Mix milk and pudding mix according to package directions.

In separate bowl, combine margarine and cream cheese. Mix in confectioner's sugar. Mix with pudding.

HERBED OR FRUIT VINEGAR

1 qt. red or white vinegar

In non-aluminum sauté pan, bring vinegar and pepper to

boil. Remove from heat. Let cool to 120° to 125° or still very warm.

Wash and dry two quart-size bottles or several smaller-size jars.

Divide fresh herbs or berries among the bottles. Add garlic and juniper berries.

Pour in vinegar to about 2 inches from top, allowing room for flavor to mellow. Cork bottles. Allow to mature at a cool room temperature at least 2 weeks before using.

Spread mixture over crumbs. Top with whipped topping. Sprinkle remaining cookie crumbs as desired on top. Decorate with silk flowers and gummy worms to look like flowering plant.

ANGEL HAIR PRIMAVERA

8 oz. angel hair pasta
 1 cup fresh broccoli, finely chopped
 3 large tomatoes, peeled, diced
 2 tbsp. olive oil
 2 cloves garlic, finely minced
 1/2 cup chopped green onion, tops included
 2 tbsp. prepared fresh basil
 1/2 tsp. if desired
 1/4 tsp. freshly ground pepper

Cook pasta in unsalted water according to package directions.

In large skillet over low heat, cook and stir garlic and onion in hot oil 1 minute.

Add broccoli, tomato, basil, and

salt and pepper. Cook, stirring, until vegetables are tender.

Toss with drained, cooked pasta.

PASTA WITH FRESH FRUIT AND YOGURT

2 cups mixed berries, such as blackberries, blueberries, raspberries or strawberries

1/2 cups mixed melon balls, such as cantaloupe or honeydew

2 cups sliced seasonal fruit, such as figs, grapes, kiwi fruit, peaches

1/2 to 1 cup fresh orange juice

2 tbsp. freshly squeezed lemon juice

1/4 to 1/2 cup bourbon or orange-flavored liqueur

1/2 cup sugar

1/4 cup chopped pecans

Combine berries, melon and

sugar, liqueur and orange juice. Drizzle with sugar if fruit is not sweet. Pour orange and lemon juice over fruit. Refrigerate, covered, several hours.

Cook pasta in unsalted water according to package directions. Drain and rinse well in cold water. Drain again. Place in large bowl. Cool to room temperature, stirring occasionally to keep pasta from sticking.

FRIJOLES ESPECIAL (SPECIAL BEANS)

1 can (15 oz.) black beans
 3 cups cooked brown rice
 1/2 cup chunky salsa
 1 (4 oz.) fat-free cheddar cheese

Sliced jalapeno pepper, if desired

Preheat oven to 350°.

In 1 1/2-quart baking dish, place beans, rice, salsa and cheese. Top with remaining cheese and jalapeno pepper.

Bake in preheated oven 25 minutes.

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Today's Food

Micro Raves

Men, too, eat quiche
cooked in a microwave

Quiche — a combination of milk, eggs, cheese and spices cooked in a pastry shell — can be mellow or sprightly. It is as simple as 1-2-3 to make in a microwave oven, can be varied with whatever is in the refrigerator, on a pantry shelf, bursting in the imagination.

First, the pastry shell should be baked in the microwave and allowed to cool. If it is not baked in advance, it becomes soggy while the filling cooks.

Next, add cooked meat or vegetables to the pastry shell.

Finally, gently pour a mixture of eggs, milk and favorite spices over a spatula into the shell to avoid disturbing the filling.

BASIC QUICHE
BY MICROWAVE

9 inch deep-dish pastry shell, frozen or a favorite recipe

8 slices bacon
3 eggs
1 can (12 oz.) evaporated milk
1/4 tsp. paprika
1 1/2 cups (5 oz.) shredded mozzarella cheese
1/4 cup parmesan cheese
Pinch nutmeg

Remove frozen pastry shell from freezer. Immediately place in microwave-safe pie plate. Microwave on high power 1 minute. Using fork, make several pricks in bottom and side of pastry. Microwave at medium-high (70 percent power) 5 to 6 minutes. Cool.

Place bacon on bacon rack or paper towels. Cover with waxed paper. Microwave on high power 6 to 7 minutes until crisp. Cool and crumble into baked pastry shell.

Beat together eggs and milk. Add paprika, mozzarella cheese and nutmeg. Pour gently over spatula to prevent moving ingredients — into pastry shell.

Microwave on high 9 minutes, turning every 3 minutes. The first two times dish

is turned, loosen sides of quiche to inside, just like scrambling eggs. Do not stir the last time. If quiche looks a little watery in middle, cook 1 to 2 minutes longer. Let cool 3 minutes before serving.

Makes 6 generous servings. Variations: In place of bacon, substitute 1 cup cooked ham, chicken or turkey.

For vegetable quiche, thaw 1 package (10 ounces) frozen spinach and squeeze out all moisture before placing in shell. To use other frozen or fresh vegetable, cook it first in the microwave.

To make crust-less quiche, spray microwave-safe pie plate with nonstick cooking spray. Follow rest of recipe.

Cut fat and cholesterol, use equivalents of evaporated skim milk, yolk-free egg product and low-fat mozzarella cheese.

Microwave specialist Barb Gray is a certified home economist.

Bake a slice of sunshine
in easy overnight bubbleORANGE BUBBLE
COFFEECAKE

1 1/2 loaves (1 1/2 lb.) frozen bread dough or 1 1/2 lb. frozen rolls
6 tbsp. butter or margarine, melted
1 1/2 cups sugar
2 tsp. grated orange rind

Let dough thaw. If using bread dough, divide loaf in 16 pieces and half loaf in 8 pieces for total of 24 pieces. If using rolls, divide in half.

Shape each roll or piece of dough into ball. Mix sugar and orange rind. Dip each ball in butter, then in sugar.

orange mixture. Arrange dough in greased tube or fluted tube pan.

Let dough rise in warm area until dough rises to top of pan, or place in refrigerator, covered loosely with plastic wrap, to rise overnight. To speed rising time, dough can be placed in oven warmed to 140°, then turned off.

Preheat oven to 350°.

Bake in preheated oven 40 minutes. If bread browns too quickly, cover with foil. To test for doneness, gently tap baked loaf on top with tip of knife; if it sounds hollow, it should be done.

Remove bread from oven. Invert pan on large plate.

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Today's Food

Table Talk

Beans, asparagus dish took an extra-long bake

Last week's edition of Table Talk presented a recipe for Different-Brand Beans and Tuna Asparagus Casserole. Somehow they never came out of the oven — and onto Today's Food pages.

Here they are, with a reminder that Table Talk is using ideas from Mom for Mother's Day.

What did she cook when you were sick? Did she bring a certain dish to every party? Did the candles on your birthday cake spell your age?

Share her idea with everyone by sending a recipe or remembrance to: Table Talk, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

TUNA ASPARAGUS CASSEROLE

2 cups asparagus pieces, canned, fresh or frozen
1 can (10 1/2 oz.) cream of chicken (or other cream) soup
1 can mushroom stems and pieces
1/2 cup dairy sour cream
1 can (6 1/2 oz.) tuna, drained
1 small green pepper, chopped
1/4 cup slivered almonds
2 tbsp. chopped pimento

Preheat oven to 350°. Spread asparagus in ungreased baking dish. Mix together soup, sour cream and mushrooms with their liquid. Stir in tuna, green pepper, almonds and pimento. Fold in uncooked noodles. Spread over asparagus.

Bake, uncovered, in preheated oven 35 minutes or until noodles are tender.

Recipe

BRAISED CELERY

2 to 3 bunches celery
2 tbsp. butter or margarine
1/2 tsp. Worcestershire sauce
1 cup beef broth or stock

Trim leaves from celery. Cut each bunch lengthwise in quarters.

Melt butter in skillet. Sauté celery until lightly browned. Add Worcestershire sauce and broth. Cook over medium heat about 10 minutes until celery is tender-crisp.

Makes 6 servings, 45 calories each.



FEELING FIT
By Mark Lymberopoulos

Exercise offers an extra bonus. In addition to getting calories burned during vigorous exercise, there's an additional benefit afterwards that lasts for hours, burning extra calories even while you sleep.

Another plus: exercise builds up muscle tissue, which burns calories at a higher rate than fat tissue does.

Are you getting enough iron? Drinking a cup of milk with meat — even a fatty, high-iron steak — can reduce iron absorption by 50 to 60 percent. Coffee is even worse.

If you have to stop a bicycle quickly, slide to the rear of the saddle as you press the brakes. The harder you press, the more you'll slide down and the rider on the seat — not you — will end up with a sore knee.

Beginners' knee strengtheners for beginners is the quad set to build up the quadriceps in the front of the thigh. Lie on your back with a rolled-up towel under the knees; press back of knees into towel and hold for 10 seconds. Start with six repetitions and work up to four sets of six.

Lots of beginners are having a good time at



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Join them and, in no time, you won't be a tyro any more.

Sprinkle with cheese. Cook until cheese is melted. Makes 4 servings.

DIFFERENT BAKED BEANS

1 can (8 oz.) crushed pineapple, drained

1 can (16 oz.) pinto beans, drained
1 can (16 oz.) red beans, drained
1 can (15 oz.) navy beans, drained
1 cup (4 oz.) grated sharp

cheddar cheese
3/4 cup ketchup
3/4 cup light brown sugar
1 tsp. Worcestershire sauce

Preheat oven to 350°. Mix pineapple with pinto,

red and navy beans, cheese, ketchup, brown sugar and Worcestershire sauce well. Pour into 1-quart casserole. Bake, uncovered, in preheated oven 1 hour. Makes 10 to 12 servings.

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Today's Food

Recipe

POPPY SEED POUND CAKE

1/2 cup poppy seeds
1 cup low-fat buttermilk
1/2 cup York-free egg product
1 tsp. vanilla
2/3 cup margarine, softened
1 1/4 cups sugar
2 1/2 cups flour
1 tsp. baking powder
1 tsp. baking soda
1/2 cup firmly packed light brown sugar
2 tsp. cinnamon
2 tsp. water
1/2 cup confectioner's sugar

Preheat oven to 350°. Grease 12-cup fluted tube pan.

In small bowl, stir poppy seeds into buttermilk. Let stand 5 minutes. Stir in egg product and vanilla.

In large bowl, using electric mixer at high speed, beat margarine and sugar until creamy.

Combining flour, baking powder and baking soda. Alterнативно, blend milk mixture and flour mixture into margarine mixture until smooth.

Gradually blend water into confectioner's sugar until smooth. Drizzle over cake.

Mix brown sugar and cinnamon.

Pour half the batter into prepared pan. Sprinkle with cinnamon mixture. Top with remaining batter.

Bake in preheated oven 40 to 45 minutes until toothpick inserted in center comes out clean.

Cool on wire rack 10 minutes. Remove from pan. Cool completely on wire rack.

Gradually blend water into confectioner's sugar until smooth. Drizzle over cake.

Makes 16 servings; 266 calories, 9 g fat (30 percent calo-

ries from fat), 1 mg cholesterol and 266 mg sodium each.

NUTRITION AWARENESS QUIZ ANSWERS

1. TRUE

Vegetables and fruits contain varying amounts of vitamins, minerals and fiber which may reduce the risk for these cancers.

2. FALSE

Unfortunately, Americans have one of the fattiest diets in the world. About 37% of our calories now come from fats, up from 32% at the start of the century. The American Cancer Society recommends that Americans reduce their fat intake so that less than 30% of all calories consumed each day come from fats, with less than 10% of calories coming from saturated fat. That translates to less than 66 grams of fat in a 2,000 calorie daily diet.

3. TRUE

Romaine lettuce, for instance, has six times as much vitamin C and eight times as much beta carotene as iceberg lettuce. Spinach, watercress, mustard and collard greens are other nutritious choices for salads.

4. FALSE

Beans, nuts and seeds are excellent sources of dietary fiber, protein, vitamins and minerals. Beans also are generally low in fat. However, most nuts and seeds are high in both fat and calories, so eat them sparingly.

5. TRUE

Thanks to improved canning technology, canned fruits and vegetables retain most of the food's vitamins and fiber which may reduce the risk for these cancers.

6. TRUE

Choose low-fat cooking methods. Bake, simmer, poach, steam or roast meats, poultry and fish. Steam or boil vegetables in water.

7. FALSE

Though butter and margarine contain the same amount of calories and total fat, butter contains cholesterol and more saturated fat, the kind responsible for heart disease and certain cancers. When possible, use liquid vegetable oils (except coconut and palm oils) in cooking. Olive and canola oils are the best choices because they are highest in monounsaturated fat and among the lowest in saturated fat.

8. FALSE

Ingredients are listed in order of quantity, starting with the greatest amount and ending with the least.

Choose products that have no fats or oils, or those in which they are listed last. When looking for a nutritious bread or cereal, the first ingredient should be a whole grain such as whole wheat.

9. FALSE

Hotdogs made from chicken or turkey aren't necessarily low in fat, since they often contain the dark meat and the skin, both high in fat. They also may contain 20 to 50 milligrams of cholesterol—as much as or more than beef or pork franks. Read the food labels carefully.

10. TRUE

American Cancer Society research shows that being overweight is a risk factor for a number of different cancers. For people who are obese, weight reduction is a good way to lower cancer risk.

FOR MORE INFORMATION
CALL THE
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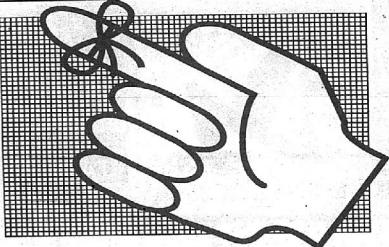
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8 cups sugar
1 cup cream
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Honey, apple, wheat germ trim scone fat

A tender, fruit-filled scone sweetened with golden honey and wheat germ won the \$5,000 grand prize in the Kretschmer wheat germ Healthy Eating Made Easy and Delicious Recipe Contest.

Winner Patricia Schroedl of Jefferson, Wis., found baking with wheat germ a delicious and nutritious idea.

Her recent efforts to be more healthful resulted in losing 50 pounds in one year. To do it, she ate much less fat and sugar, cooked at home more regularly and walked every day.

Pat's winning Apple 'n' Honey Scones are flavorful, but also have less fat than scones that use more margarine or butter, whole milk or cream and a whole egg.

Dough should be handled gently to keep scones tender. Use skin milk, no egg and just enough margarine to mold their tenderness. Substituting wheat germ for

a portion of the flour boosts their nutrition, too.

For more healthful, delicious recipes, send name and address to: Healthy Eating Made Easy, 332 S. Michigan Ave., Suite 900, Department N, Chicago, Ill. 60604.

APPLE 'N' HONEY SCONES

2 cups flour
2/3 cup plus 1 tbsp. wheat germ
2 tsp. baking powder
1/4 tsp. cinnamon
1/4 tsp. nutmeg
1/4 tsp. ground soda
1/4 tsp. salt, if desired
1/4 cup (5 tbsp. plus 1 tsp.) margarine, chilled
1/4 cups finely chopped apple (about 1 large)
1/2 cup skin milk
1/4 cup honey

1 tbsp. sugar
Preheat oven to 400°.

Lightly spray large cookie sheet with nonstick cooking spray or grease lightly.

Combine flour, 2/3 cup wheat germ, baking powder, 1/4 teaspoon cinnamon, nutmeg, baking soda and salt. Cut in margarine until mixture resembles coarse crumbs.

Add combined apple, milk and honey. Mix until dry ingredients are just moistened.

Turn dough out on lightly floured surface. Knead gently 5 to 6 times. Pat dough in

9-inch circle. Mix together remaining 1 tablespoon wheat germ, sugar and 1/4 teaspoon cinnamon. Sprinkle over dough. Cut dough in 10 wedges. Place 1/2-inch apart on prepared cookie sheet. Bake in preheated oven 16 to 18 minutes until light golden brown.

Serve warm with additional honey, if desired.

Makes 10 servings; 220 calories, 7 g fat (29 percent caloric), 10 g protein, 10 g carbohydrates, 210 mg sodium, 34 g carbohydrate, 6 g protein and 5 g dietary fiber each.

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1/2 cup oil and vinegar salad
dressing
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fries, omelets and pasta, too.

CHEESY
VEGETABLE MEDLEY

Serve over hot vegetables. Makes 4 servings.

1 can (10 1/2 oz.) cream of asparagus soup
1/2 cup milk
1 bag (16 oz.) frozen vegetable combination (broccoli, carrots and cauliflower), cooked, drained

In 1-quart saucepan, combine soup and milk. Over low heat, heat through, stirring often.

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asparagus soup
1/2 cup milk or water
2 lb. fresh asparagus
spears (about 32 to 40),
trimmed, cooked,

drained, or 2 pkg. (10 oz.
each) frozen asparagus
spears, cooked, drained
In 1-quart saucepan, com-
bine soup and milk.

Over medium heat, warm
through, stirring often.
Serve sauce over warm
asparagus.
Makes 6 servings.

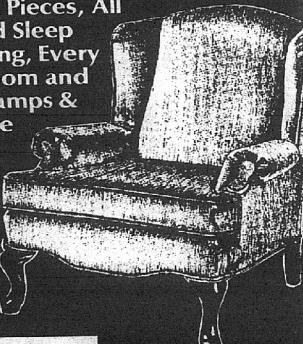
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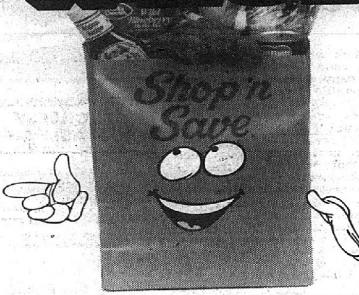
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Horoscope

Wednesday, March 23

The astrological harmonics are lucky and easy as the moon and sun create a happy duet. Prepare for passionate feelings about the past. Keep in mind that regret is an emotion productive and this memory will give you power to improve relationships as well as your approach at work. Keeping your eyes open and hunting for collectibles bring luck. Associations are more clearly defined tonight.

ARIES (March 21-April 19) You were working along on a project for days before anyone took note, but recognition is satisfying now. More praise to those who you are also in order. Make sure you are in new romantic prospects.

TAURUS (April 20-May 18) Making yourself available to a loved one opens up a very attractive side of your personality. Expect other to be interested when they see the real you. Overpaid money come back to you.

GEMINI (May 21-June 21) If mistakes are made, they are in your favor. Keeping copies and files will save you from doing a tap dance for the boss later. Examining the paper to find a concert you'd love to attend is in order.

CANCER (June 22-July 22) Plush financial offers only get more plush if you hold out longer. A relationship of convenience now becomes more substantial. Engage in meaningful conversations. Ask more and talk less.

LEO (July 23-Aug. 22) Network this morning, when your charisma quotient is sky high. Your family gets picky tonight — chalk it up to jealousy, and striv for to do things your own way. You are due for a trip to the bookstore.

VIRGO (Aug. 23-Sept. 22) Your parenting instincts are absolutely right. Defining the bottom line of the riffraff. Find a reason to get to know a co-worker more personally — this will help you with your long-term goals.

LIBRA (Sept. 23-Oct. 23) Walking up to new attitudes that are entering the picture. You have put your all out of line in favor of a good cause. A lover won't detect your mistake unless you tell him or her about it.

SCORPIO (Oct. 24-Nov. 21) A language barrier doesn't stop you from closing a deal, just make sure your definitions are the same as your partner. Just when a sweetheart brings you closer, there is a friend to distract them.

SAGITTARIUS (Nov. 22-Dec. 21) A pupil's progress is pleasing. You're an expert bargainer. Try not to talk yourself into wanting the unnecessary. Dates start out slowly, but in an hour, the conversation is riveting.

CAPRICORN (Dec. 22-Jan. 19) A wealth of opportunity in the financial realm is slightly overwhelming — take time to consider all offers. You have an impressive instinct for taking appropriate measures in romance.

AQUARIUS (Jan. 20-Feb. 18) Current national events affect you on a smaller scale. Concentrate on being unselfish, and good luck comes to you. A former love sends you a message via a mutual friend. Your conscience steers you well.

PISCES (Feb. 19-March 20) Your family blesses you for your good-hearted acts, but an acquaintance who gets too comfy too fast catches a glimpse of your warts — this prevents future infringements. Romance abounds tonight.

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Bach's 'St. Mathew Passion' coming to SIUE

The Community Choral Society, the Concert Chorale and the University Singers, all of Southern Illinois University Edwardsville, are the three of rehearsing what could be their most challenging endeavor — an upcoming performance of J.S. Bach's "St. Mathew Passion." The piece, an enormous work that requires two choirs and two orchestras.

SIUE music professor and concertmaster for the Concert Chorale and the Choral Society, is confident they can do this piece and do it well. Bach's choral parts are formidable.

Other than the personnel needed — although the original was probably done on a smaller scale in the 16th century — length (nearly 3½ hours) and its vocal gymnastics are enough to make the "St. Mathew Passion" a colossal undertaking.

The concert itself is until May but audience will have a chance to learn more about the Bach piece at a "lecture-concert" set for 7:30 p.m. Monday, March 28, in SIUE's Communications Building.

"This will give me a chance to share some fascinating facts about this work with the audience," Van Camp said. He explained that Bach, a devout Lutheran, was apparently obsessed with numerology and

was thought to be a mystic. "Throughout this work are clues, although Bach himself never wrote them down."

"For example, there are notes in the score whose letters spell out Bach's name backwards and forwards," he said. "Some of the notes in the score appear to be a cross in one place. And if you assign a number to each letter of the alphabet, with 'A' equaling one and 'B' equaling two and so on, the letters 'Bach' equal 14 and the letters 'J.S. Bach' equal 41."

As for the concert itself, the "St. Matthew Passion" is a masterpiece, with two choirs and two orchestras singing and performing "antiphonally," which means echoing phrases and meshing voices.

"There will be 130 voices on stage, with a total of 31 pieces in the orchestra," Van Camp said.

"Bach used two choirs to great effect in the telling of the Gospel of St. Matthew, chapters 26 and 27, on which the

work is based."

Known for his translations of oratorios into English from the original language, Van Camp said this piece was as challenging as any he's worked with in the past.

"I started this translation in

September and finished it just recently," he said. "I worked from a facsimile of the original score that I bought from a company in New York and a microfilm of the instrumental and vocal parts that I found in

(See BACH, Page 2D)

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FAMILY

Travelers Abroad hears about Slovakian trip

Travelers Abroad held its February dinner meeting at Jerry's Cafeteria with 22 members and guests present.

Dr. Alice Furdes, president, welcomed everyone and introduced one guest, Mary White, and one new member, Priscilla Marie Schmidt. Attendance prizes for dinners at Jerry's Cafeteria were won by Pat Dineen and Jeanette James.

Gordon and Marianne Hankla from Granite City entertained the audience with a fun account of the search for their roots in Slovakia. They traveled in Europe by car with their son, Mark. While the rented car, a new BMW 316i, was exciting to drive but too small for the travelers and their luggage.

A Vienna tour group visited the Spanish Riding Stables. They noted that the horses there are born dark but turn white as they mature. Outside St. Martin's Cathedral, a band was entertained by Peruvian street musicians. The travelers also visited an amusement park which boasts the world's largest and the world's highest Ferris wheel.

At Vienna, they visited the group's final destination, Presov. They were awed by the beautiful countryside. They passed remnants of communist era farm estates. They also met many interesting people in the small, storybook villages along the way.

The group finally arrived at the arches of Presov. They were asked to put red booties over their shoes before being allowed inside. The Hanklas had written to the arches four months previously asking the group to inquire that some research be done for them. Because of the huge volume of requests received, the arches had only begun the research the morning the group arrived.

From Presov, the group visited the city hall in Varno where they were told they would be seen by the mayor. The mayor, Jan Pustek, a bird breeder, showed the group his many colorful birds which have won several first place ribbons.

The Hanklas also learned that they were very impressed by the receptions they received visiting the homes of distant relatives and their friends. Though com-

born.

The group has never figured out why the grandmother was born in one village and buried in another. Grandmother Prisilla Hankla died in the village of Mahan. With the help of a professor who acted as their interpreter, the group found some interesting relatives and were able to visit the house where their great-grandmother had lived.

Attention turned next to tracing Marianne's mother's roots to Varno and Montovany. They visited the church where Grandmother Zipposey was baptized. It was built in 1814. The church was beautifully decorated in gold.

The group was surprised to learn that a grandfather's grave was lost. They were asked to dig old graves and then dig new graves on top of the old ones. Near Varno, the group visited a castle built in the late 1200's. From there, they went to the Roof Monastery on the Polish border. The Three Crowns Mountains are just across the river in Poland. Legend says a monk tried to fly off the Three Crowns. No one knows if he was successful.

In Varno, the group met several families who were very excited to have American visitors. Jan Pustek, a bird breeder, showed the group his many colorful birds which have won several first place ribbons.

The Hanklas also learned that they were very impressed by the receptions they received visiting the homes of distant relatives and their friends. Though com-

munication was difficult and comical, they often used charades and sign language, everyone was very friendly and helpful.

Every place they visited, tables were piled high with chicken, ham, sausages, cheese, champagne, vodka, chocolates, and jello pie. At one point, the group was served five meals in one day. This was very lavish considering the average worker makes less than seven dollars a month.

The evening concluded with a reminder that next month Marianne will speak on Switzerland.

Attendees, not already mentioned above, were: Fred Beldorf, Lillian Dops, Nina Dill, Belinda Dot, Georgia Engelke, Mary Evangelau, Eunice Hatscher, Julieenne Hatscher, Dorothy Hecker, Charles James, Helen Lillie, Mary O'Neil, Mariett Schucker, Isabella Southwick, Mary Louise Swan, and Betty Townsend.

•Bach

(Continued from Page 1D)

today, this one based on the writings of St. Matthew and another based on St. John's Gospel.

"It's probably the largest, most significant choral-orchestral work in the repertoire of such types of musical pieces. It's not done very much in this country because it's so big, but it has been performed widely throughout the world."

It's the first time Bach's music has been performed as the movie "Schindler's List," he said.

"Our actual performances of this, April 29 and 30, will begin an hour earlier (at 6:30 p.m.) than we usually begin."

The SIUE performance will include seven soloists and several soloists within the choir. The part of St. Matthew as narrator will be sung by tenor Ronald Abraham, associate professor of music and chair of the SIUE department of music.

"I've studied this work before but I've never sung it in performance," Abraham said. "Bach never wrote an opera but if he did, it would sound like the 'St. Matthew Passion.' In most operas, though, the high note for an aria comes at the dramatic ending, but in this work Bach has written high notes throughout and it's very demanding for a tenor."

"We will be premiering Leonard's translation of this work, which will be much more understandable for today's audiences," Abraham said. "Leonard has been interested so he has taken care in the translation to choose the best words to fit the difficult high notes. It has taken me many hours of work and preparation because of the high range, but it has also been an exciting challenge."

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FAMILY

Granite City Journal—Wednesday, March 23, 1994—3D



Dream come true — The Tri-City Shrine Club recently made a dream come true for a little girl. Members of the club learned that Kelly Zettler was in need of a tricycle. Nobles Sid Strohede, left, Tom Belshe and Bill Davis presented Kelly with the tricycle.

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27 attend Granite City Unit HEA March meeting

The March meeting of Granite City Unit Homemakers Extension Association was opened by the invocation given by Vera Lohr.

A luncheon was served by the hostesses Ann Miller, Sophia Thomas, and Barbara Rodgers.

The pledge to the flag was recited and LaNell Lessig led the Homemakers Aim.

There were 27 members in attendance and one guest. Mary Radick introduced her guest, Charlotte Edwards, who joined the Unit.

First Vice Barbara Rodgers thanked the hostesses for their invitation to the meeting. Mary Beau and Martha Melvyn who gave a very informative lesson on "Activities and Services for Senior Citizens."

President Evelynene Vencher read a letter from the Chamber of Commerce asking our participation in their clean up campaign. She also read a message from Anna Michaels for her 90th birthday party, which was held March 6.

Motion was made by Florence Stokes and seconded by Florence

Hagnauer to continue the February Bake Sales.

Second Vice LaNell Lessig reported on the Kickoff Luncheon held February 7. She announced the membership drive will end in April.

Interaction chairman Sophia Thomas read a letter regarding

International Day. No plans have been made as yet.

Cultural Enrichment Chairmen Helen Harshany and Betty Golasch showed crafts which will be made at the next meeting.

District meeting will be May 3 and will be hosted by the Granite City Unit. We will be going to

the Lady of the Snows Shrine. Shirley Thomas and LaNell Lessig are in charge of arrangements.

Nominating chairman Mark Thebeau made a report. The new officers will be President

(See HEA, Page 4D)

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CLASSIFIEDS

877-7700

HOURS: MONDAY THRU FRIDAY 8:00 A.M.-5:00 P.M.-CLOSED SATURDAY AND SUNDAY

FOR YOUR INFORMATION

Please check your ad for correct classification and proper wording the first day it appears. At the time you place your ad, please verify spelling of any unusual words or names. The Journals reserve the right to edit, reject or cancel the publication of any ad.

Adjustments: Please report errors the first day your ad appears. The Journals will not be responsible for any errors that occur after the first day. If you cannot locate your ad or if an error occurs please call 877-7700. In case of an error, the Journal will extend the schedule of that ad. The adjustment of any error will not exceed the cost of the ad.

Cancellation: To cancel an ad call 877-7700. Ask for your cancellation number. This number will serve as your record of cancellation in case of any misunderstandings or adjustments. You must call before the deadline to cancel an ad. There is no refund or rebate on early cancellation when purchasing the *Sell It Fast Deal*.

Box Charges: Replies picked up at a Journal office, \$5.00 per week; replies mailed, \$10 per week.

Faxing Your Ad: Dial 1-618-466-4240 to fax your ad to us. Please include your daytime phone number, home phone

number, full name, address, city, state and zip. Print your ad clearly. A Journal sales person will call to verify your information.

Notice to Readers: Prior to responding to advertisements requesting money to be sent or invested you may wish to investigate the validity of the offering and the company. The Journals cannot assume any responsibility of such offerings within the classified pages. For information regarding the investigation of business opportunities, contact the Better Business Bureau.

RATES

SUNDAY 10 Words \$3.80

WED./THURS. 10 Words \$6.50

3 ISSUES 10 Words \$8.90

DEADLINES

SUNDAY 3:00 Friday

WED./THURS. 4:30 Monday

ILLINOIS WED. 10:00 Monday

ILLINOIS SUN. 3:00 Friday

Transportation

Hyundai	87	Ford Trucks	87	Motorcycles/ATVs	185
Isuzu	44	GMC Trucks	89	Boat/Boat Rentals	190
Jaguar	44	Kenworth	95	Bus/Bus Rental	190
Mazda	50	Mack	95	Car/Car Rental	190
Mazda/Nissan/Datsun	94	Mazda Trucks	94	Truck/Truck Rental	190
Mercedes-Benz	52	Toyota Trucks	96	Airplane	190
Mercedes-Benz	52	Isuzu Trucks	100	Bus/Bus Rental	190
Mercedes-Benz	52	Kenworth	100	Car/Car Rental	190
Mercedes-Benz	52	Mack	100	Truck/Truck Rental	190
Mercedes-Benz	52	Isuzu	100	Airplane	190
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Mercedes-Benz	52	Kenworth	100	Bus/Bus Rental	190
Mercedes-Benz	52	Mack	100	Car/Car Rental	190
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Mercedes-Benz	52	Kenworth	100	Airplane	190
Mercedes-Benz	52	Mack	100		

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SWF, 20

Employs roller skating, shows, Radio Y-

-88. Seeking mature, romantic, relationship. VMB 6529.

Country girl, 55

Honky blonde DWF, 25-35, seeking

mature, romantic, relationship. VMB 6529.

St. Charles two-stepper

DWF, 45-55, seeking, romantic, turkish

DWF, 25-35, for country western dance partner, for relationship. VMB 6529.

DWF, 35

Pretty, outgoing, professional, new to

area. Seeking fun, nonstoping, the most

25-35, "what's inside" must be

SWF, 25-35, for romantic, relationship. VMB 6529.

Active DWF

DWF, 40-50, seeking, various interests, enjoys

life. Seeking companion, possibly

relationship. VMB 6529.

Looking for magic

DWF, 35, professional, looking for

romanticism, mature, responsible

relationship. VMB 6529.

St. Louis

DWF, 19, kind, likes movies,

having fun, seeks, romantic, caring,

relationship. VMB 6529.

Need fishing Buddie

DWF, 35, seeking, romantic, fishing,

camping, VMB 6529.

Attractive SWF, 19

DWF, 25-35, seeking, romantic, henry

DWF, 25-35, for romantic, relationship. VMB 6529.

SWF, 35

DWF, 25-35, seeking, romantic, turkish

DWF, 25-35, for serious relationship. VMB 6529.

Dark, lovely

DWF, 25-35, seeking, romantic, caring,

DWF, 25-35, for relationship. VMB 6529.

Dark and lovely

DWF, 25-35, seeking, romantic, caring,

DWF, 25-35, for relationship. VMB 6529.

Easygoing lady

DWF, 25-35, seeking, romantic, caring,

DWF, 25-35, for relationship. VMB 6529.

SWF, 20

DWF, 25-35, seeking, romantic, caring,

DWF, 25-35, for relationship. VMB 6529.

DWF, 40

DWF, 25-35, seeking, romantic, caring,

DWF, 25-35, for relationship. VMB 6529.

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DWF, 35

DWF, 25-35, seeking, romantic, caring,

DWF, 25-35, for relationship. VMB 6529.

Queen of hearts

DWF, 40, nice, romantic, caring,

DWF, 40, for romantic, relationship. VMB 6529.

Energetic SWF, 33

DWF, 18-30, seeking, romantic, caring,

DWF, 18-30, for romantic, relationship. VMB 6529.

DWF, 40

DWF, 25-35, seeking, romantic, caring,

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basement, over 1,800 sq. ft.
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room, 1 1/2 bath, 1,000 sq. ft.
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